

**Veterans Time Trials Association
15 Mile National Championship**



11th April 2021

Promoted by Newbury Velo

on behalf of

VTTA London & Home Counties Group

VTTA National 15 Mile Championship TT

11th April 2021

Date: 11th April 2021

Registration opens: 06:45

Start Time: 08:00

Course: H15/3

Race Director: Glen Knight

Tel: 07766831267

Email: me@glenknight.co.uk

Time Keepers: Morgan Jones (Newbury Velo) & Christina Demetriou
(Reading CC)

Social Distancing Officers and Marshals:

Bryan Hill, Danny Grey, Jaymi Dooley, Lucy Cornes,
Mark Chance, Max Garrety, Rick Cornes, Tim Burgess,
Winnie Mercer

First Aiders: Glen Knight, Rachael Elliott, Jaymi Dooley

Location: Boxford Village Hall
Lambourn Road, Boxford
Newbury, RG20 8DD

Awards

All on Standard

1st Female & 1st Male - Gold Medal, Jersey & Cap

2nd Female & 2nd Male - Silver Medal

3rd Female & 3rd Male - Bronze Medal

Group Team of Three - Gold Medals

Club Team of Three - Gold Medals

1st Tandem on Standard - Gold Medals

ALL PRIZES TO VTTA MEMBERS ONLY

(with current restrictions there will be no award ceremony)

**IF YOU ARE NOT WELL OR ARE SHOWING SIGNS OF COVID-19 THEN PLEASE DO
NOT COME TO THIS EVENT.**

BRING YOUR OWN PEN AND A WORKING REAR LIGHT!

Whilst we have many procedures outlined below we may have to make changes based on events on the day. These will be communicated fully where appropriate. You are expected to follow the guidance of the marshalls.

This event is run under CTT regulations which can be found here: <https://www.cyclingtimetrials.org.uk/>

1. Event HQ

We are using Boxford Village Hall. There will be toilet facilities available. These are not to be used as changing facilities. Due to COVID restrictions there will be no changing facilities. You are asked to not urinate in the carpark or grounds or change in full view of any of the residents.

We are very lucky to have this facility, so please do not give them reason to take it away. All future references to "HQ" in this document are referring to this facility.

DO NOT arrive too early or you will be asked to stay in your vehicle, There will be no gatherings permitted in the carpark. Turbo trainer/roller warm up are permitted at HQ but only directly behind/in front of your parked vehicle. You are encouraged to warm up on the road to ensure you are not gathering with other riders. Riders not following guidelines or instructions from officials will not be permitted to race and will be reported to CTT.

2. Sign-On

Riders not signing on 20 minutes before their start time will have their place assigned to a reserve rider. Reserve riders are expected to sign-on before racing resumes and leave contact details.

Sign-on is currently very different to what we are used to. No hugging, no kissing and no exchanging of niceties. But there are some other restrictions in place. You will be expected to follow them. Please bring your own pen!

We will ask you to respect the social distancing rules and **maintain 2m distance** between people in all directions at all times. This is to ensure we can successfully run this event and others in the future and that any curtain twitchers have no material to send to the local

gossip column/social media outlet/news outlet. We are all in this together so please **respect the volunteer team** and their decisions. Riders not adhering to the restrictions in place will not be permitted to race, will be reported to CTT and refused entry to future events.

If you will not be attending then please let us know by messaging the organiser on 07766 831267.

Your temperature will be taken by the official handing out numbers. Anyone who doesn't get a smiley face on the thermometer will not be permitted to race. Your number will be placed on a table at the HQ, please check your number on the list below. The numbers are new, have never been used and the person putting them out will have taken necessary sanitizing steps before and after laying them out. **No safety pins will be provided, if you need them, you will need to bring your own.**

3. Course Detail

Start on the B4000, at the junction to Boxford Road. Proceed south-eastwards on the B4000 to the roundabout at the junction with the A4 (2.7 miles) taking the 3rd exit on the roundabout (M1, 2, 3) on the A4 towards Hungerford. Continue across the first mini roundabout (9.4 miles) and turn at the **second roundabout** (9.5 miles) and retrace on the A4 to a point at the west edge of a field gateway (15 miles).

Please take care approaching the turn at Hungerford as this will be the busiest section for traffic (when we say busy, there may be a couple of cars at the roundabout). Anyone seen flaunting traffic regulations at this point will be **reported by marshals** which could **result in a DQ and a report to the London West District Committee.**

Strava Route: <https://www.strava.com/segments/25734856>

4. Race Protocol

Participants will be asked to maintain social distancing. **No gatherings in groups, you are encouraged to warm up on the road but turbo trainers can be used, only directly behind your vehicle.** If you arrive early you will be permitted to ride on the roads to warm up or sit in your car. We will have 6 waiting spaces marked out plus the rider waiting to race at the start line, therefore **please only arrive at the start line a maximum of 6 minutes before your time listed in Appendix A.** You will not be permitted to wait if you arrive earlier. Please note there is a road to a working farm just before the start line. You are requested to not cycle up and down this road.

Riders are not permitted to ride on course with a number on their back. There are plenty of other roads where warm up is possible without riding on the course. Please be mindful of racers when arriving by bicycle.

The Time Keepers will be wearing face coverings and will be checking that riders a) have their number attached and, b) have a working rear light. **If either of these are missing you will not be permitted to race.** There will be no “pusher offer” and you will have to do a standing start on your own. Rolling starts will not be permitted.

Make it easy for the finish time keepers, when you cross the line, shout your number. **As loud as you can. Do not approach the finish time keeper at any point for any reason.**

5. Race Results

Race results will be displayed at HQ on big screens, we will also have a live results service running on our Twitter feed and VTTA Facebook page which you can follow or by scanning the QR code at HQ when you return your number. You can follow us @newburyvelo on twitter or <https://facebook.com/newburyvelo>

These results will be provisional until verified by the official timekeepers. You can also scan the QR code at HQ to view the live results online. **Do not tamper with this equipment at HQ, no matter how IT savvy you are.**

6. Refreshments

To ensure we comply with the government regulations, the CTT guidance and risk assessment, as well as socially acceptable practice, there will be free individually wrapped cakes, donations welcome to our fund raising project supporting club activities for youngsters and less abled cyclists.

7. Start List

Appendix A is the rider list with the number assigned to you. This is the number that must be collected from the HQ upon arrival. Please do not swap numbers: your emergency contact details are assigned to this number and we really don't want to be phoning the wrong person in case of an emergency. If you are unable to attend, DO NOT swap your name with someone else. Riders found doing this will not be permitted to race, will be reported to the CTT and will not be accepted in future events.

8. Vehicles on course

Time trialling under CTT regulations is unsupported. Riders must not be followed for any reason whilst on course. Any rider suspected of this will be disqualified and reported to the CTT. This practice and so called layby hopping is dangerous for other participants and a nuisance to traffic and will not be permitted under any circumstances.

9. Summary

In these unusual circumstances we find ourselves having to change the way we run events. The team has put a lot of work into making sure we are able to follow the government guidelines, the CTT guidance and make sure that the risk to you, us and the general public of transmitting or catching COVID-19 are kept to an absolute minimum.

These restrictions are not here to make life difficult for you or the volunteer team, they are here for the above reasons but also to ensure that we are allowed to run these events.

We would like to thank all our volunteers.

Ride Safe. Ride Strong. **Thank you for your support!**

APPENDIX A - Start List

Male						
No.	Start Time	Name	Club	VTTA Group	Age	Standard
1	08:01:00	Rob Waller	Newbury Velo	Wessex	55	0:41:08
2	08:02:00	Brian Lewis	Bicester Millennium CC	West	83	0:49:15
3	08:03:00	Billy Dyer	BJ cycling	Wessex	50	0:40:26
4	08:04:00	Shaun Ward	Newbury Velo		38	
5	08:05:00	Richard Burley	Vector Cycling Race Team		38	
6	08:06:00	Bob Brabbins	VTTA West Group	West	77	0:46:29
7	08:07:00	Jon Pridham	Rule 5	Wessex	48	0:40:11
8	08:08:00	Gary Martin	Westerley Cycling Club		62	
9	08:09:00	Barry Duplock	Vector Cycling Race Team		40	
10	08:10:00	Ed Hoskin	Mickey Cranks Cycling Club	London & Home Counties	54	0:40:59
11	08:11:00	Youssef Glover	Devizes Town Cycling Club		20	
12	08:12:00	Malcolm Ash	Aylesbury CC	London & Home Counties	73	0:45:05
13	08:13:00	Jon Stroud	NFTO CC	Midlands	51	0:40:34
14	08:14:00	David England	Crabwood Cycling Club	Wessex	77	0:46:29
15	08:15:00	Paul Townsley	Team TMC	Surrey/Sussex	72	0:44:46
16	08:16:00	Martin Balk	3C Cycle Club	Wessex	61	0:42:08
17	08:17:00	George Turner	VTTA (London & HC)	London & Home Counties	41	0:39:24
18	08:18:00	Paul Rogoll	Salt and Sham Cycle Club	West	64	0:42:44
19	08:19:00	Robbie Richardson	Chippenham & District Wheelers		57	
20	08:20:00	Richard Jones	VC 10	London & Home Counties	47	0:40:04
21	08:21:00	Peter Iffland	Northumbria Police C.C.	West	56	0:41:17
22	08:22:00	Ian Slater	VTTA (Manchester & NW Group)	Manchester & NW Group	53	0:40:50
23	08:23:00	Siggi Martinsson	Cambridge CC		44	
24	08:24:00	Roger Taylor	Frome and District Wheelers	West	75	0:45:45
25	08:25:00	Mike Askins	Chiswick Cycling Club		24	
26	08:26:00	Donald Parker	Brighton Mitre CC	Surrey/Sussex	72	0:44:46
27	08:27:00	Trevor Bradbury	Python RT		63	
28	08:28:00	Thomas Caine	V C Meudon		16	

29	08:29:00	Brian Jones	Morden CRC	Surrey/Sussex	70	0:44:12
30	08:30:00	Robert Barrett	FloatAero Race Team	London & Home Counties	70	0:44:12
31	08:31:00	Jon Fairclough	Woking Cycle Club	Surrey/Sussex	67	0:43:25
32	08:32:00	Chris Lowe	Swindon Road Club	West	62	0:42:20
33	08:33:00	Gary Chiverton	Bournemouth Jubilee Whs	Wessex	59	0:41:46
34	08:34:00	Jon Elliott	VTTA (London & HC)	London & Home Counties	44	0:39:44
35	08:35:00	Mike Boyce	...a3crg	Wessex	65	0:42:57
36	08:36:00	Simon Collins	Vector Cycling Race Team	London & Home Counties	42	0:39:31
37	08:37:00	Alan Harvey	Finsbury Park CC	East Anglia	75	0:45:45
38	08:38:00	Felix Tuck	V C Meudon		17	
39	08:39:00	Graham Morrison	Newbury RC		47	
40	08:40:00	David Guy	OV Cycling Club	London & Home Counties	75	0:45:45
40	08:47:00	Julian Lockwood	Primera-Teamjobs		55	
41	08:41:00	Mike Kirby	Banbury Star Cyclists' Club	London & Home Counties	62	0:42:20
42	08:42:00	Derek Dowdeswell	Gloucester City Cycling Club	West	66	0:43:11
43	08:43:00	John Marinko	Brighton Mitre CC	Surrey/Sussex	55	0:41:08
44	08:44:00	Cliff Voller	Newbury RC	West	70	0:44:12
45	08:45:00	Gavin Draper	North Hampshire RC		46	
46	08:46:00	Andrew Simpkins	Team Echelon	Midlands	67	0:43:25
48	08:48:00	Steven Loraine	Legato Racing Team (LRT)	Midlands	64	0:42:44
49	08:49:00	Thomas Meir	Newbury Velo	London & Home Counties	41	0:39:24
50	08:50:00	Frank Anderson	SVTTA	Scotland	69	0:43:55
51	08:51:00	Stu Carver	North Hampshire RC		55	
52	08:52:00	Karl Moseley	Stourbridge CC	Midlands	57	0:41:26
53	08:53:00	Crispin Doyle	VTTA (Wessex Group)	Wessex	48	0:40:11
54	08:54:00	Randle Shenton	Legato Racing Team (LRT)	Scotland	63	0:42:32
55	08:55:00	David Marshall	Hemel Hempstead CC	London & Home Counties	55	0:41:08
56	08:56:00	Alan Allcock	Didcot Phoenix CC	London & Home Counties	66	0:43:11
57	08:57:00	Robert Gilmour	Hounslow & District Whs	London & Home Counties	69	0:43:55
58	08:58:00	Gavin Francis	London Dynamo	London & Home Counties	56	0:41:17
59	08:59:00	Chris Dyason	Cambridge CC	East Anglia	73	0:45:05
60	09:00:00	Simon Horsley	Legato Racing Team (LRT)	North Lancs and Lakes	56	0:41:17
61	09:01:00	Stuart Gillies	Twickenham CC	London & Home Counties	53	0:40:50

62	09:02:00	Robert Nicholas	Deal Tri	Kent	40	0:39:18
63	09:03:00	Martin Stanley	Didcot Phoenix CC	London & Home Counties	46	0:39:57
64	09:04:00	Sam Smith	Bath Cycling Club		30	
65	09:05:00	Drew Hosie	...a3crg	Wessex	57	0:41:26
66	09:06:00	Wolfgang Emmerich	London Phoenix CC	London & Home Counties	55	0:41:08
67	09:07:00	Cormac Nisbet	High Wycombe CC		16	
68	09:08:00	Colin Harrison	East Grinstead CC	East Anglia	56	0:41:17
69	09:09:00	Ian Hope	Team Solo Vinci	East Anglia	47	0:40:04
70	09:10:00	Stan Nwaka	Verulam CC	London & Home Counties	59	0:41:46
71	09:11:00	Will Salisbury	Coalville Whs		37	
72	09:12:00	Matthew Durdy	London Baroudeurs Cycling Club	London & Home Counties	54	0:40:59
73	09:13:00	Robert Jones	Army Cycling	Wessex	45	0:39:50
74	09:14:00	Jeff Roberts	High Wycombe CC	London & Home Counties	56	0:41:17
75	09:15:00	Adrian Talley	Portsmouth North End CC	Wessex	48	0:40:11
76	09:16:00	Ben Love	Pirate juice cc	Merseyside	41	0:39:24
77	09:17:00	Andrew Halliday	Westerley Cycling Club	London & Home Counties	49	0:40:18
78	09:18:00	Mark Coombe	Twickenham CC		52	
79	09:19:00	Philip Watts	North Hampshire RC	Wessex	61	0:42:08
80	09:20:00	Richard Evans	Birkenhead North End CC		24	
81	09:21:00	Andy Tucker	Newbury Velo	London & Home Counties	49	0:40:18
82	09:22:00	Tony Ball	Legato Racing Team (LRT)	London & Home Counties	52	0:40:42
83	09:23:00	Simon Dighton	Beacon Roads CC	Midlands	57	0:41:26
84	09:24:00	James Moss	North Road CC	London & Home Counties	44	0:39:44
85	09:25:00	Tom Houghton	Team TMC	Surrey/Sussex	49	0:40:18
86	09:26:00	Ragnar Laan	Twickenham CC		43	
87	09:27:00	Jason Costello	Team Swindon Cycles	West	50	0:40:26
88	09:28:00	Paul Winchcombe	Chippenham & District Wheelers	West	61	0:42:08
89	09:29:00	Jez Willows	Sherwood CC	Notts & E.Mids	55	0:41:08
90	09:30:00	Ian Braybrook	Basildon CC	East Anglia	46	0:39:57
91	09:31:00	Gareth Williams	Twickenham CC	London & Home Counties	55	0:41:08
92	09:32:00	Rob Vessey	Didcot Phoenix CC	West	57	0:41:26
93	09:33:00	Andy Sharman	Team Bottrill	London & Home Counties	50	0:40:26

94	09:34:00	Justin Webb	...a3crg	Wessex	42	0:39:31
95	09:35:00	Tony Costello	Team Swindon Cycles	West	48	0:40:11
96	09:36:00	Stephen Bradbury	Saint Piran		27	
97	09:37:00	Geoff Perry	Born to Bike - Bridgtown Cycles	London & Home Counties	61	0:42:08
98	09:38:00	Ronnie Stone	Islington Cycling Club	London & Home Counties	48	0:40:11
99	09:39:00	Matt Fisher	Newbury Velo	Wessex	47	0:40:04
100	09:40:00	Matthew Grey	Pankhurst Cycles		21	
101	09:41:00	Brendan Reese	Army Cycling	Wessex	43	0:39:37
102	09:42:00	David Shepherd	...a3crg	Wessex	60	0:41:57
103	09:43:00	Robin Short	Cotswold Veldrijden	West	45	0:39:50
104	09:44:00	Steven Cottington	Bath Cycling Club	West	58	0:41:36
105	09:45:00	Keith Dorling	Team Bottrill	East Anglia	62	0:42:20
106	09:46:00	Colin Parkinson	South Western Road Club	Notts & E.Mids	59	0:41:46
107	09:47:00	James Churchar	Reading CC	London & Home Counties	44	0:39:44
108	09:48:00	Brett Davis	trainSharp	Surrey/Sussex	48	0:40:11
109	09:49:00	Peter Younghusband	Petersfield Triathlon Club		56	
110	09:50:00	Nigel Pratt	Velo Club St Raphael		49	
111	09:51:00	Aron Kelly	New Forest CC		38	
112	09:52:00	Michael Parker	TMG Horizon Cycling Team	London & Home Counties	56	0:41:17
113	09:53:00	Mark Stafford	...a3crg	Wessex	45	0:39:50
114	09:54:00	Tim May	PDQ Cycle Coaching	Midlands	43	0:39:37
115	09:55:00	Nik Allen	Worthing Excelsior CC	Surrey/Sussex	49	0:40:18
116	09:56:00	Mark Ellis	Mercedes AMG Petronas CC	East Anglia	56	0:41:17
117	09:57:00	Colin McDermott	Festival Road Club	Surrey/Sussex	53	0:40:50
118	09:58:00	Neil Mackley	...a3crg	Wessex	57	0:41:26
119	09:59:00	Jon Simpkins	DRAG2ZERO	Midlands	49	0:40:18
120	10:00:00	Andy Langdown	Atlas Clever Racing Team	Wessex	52	0:40:42
121	10:01:00	Mick St Leger	Team Echelon	Wessex	57	0:41:26
122	10:02:00	James Fawcett	...a3crg	Wessex	55	0:41:08
123	10:03:00	Chris Boddy	AeroCoach		33	

Female						
No.	Start Time	Name	Club	VTTA Group	Age	Standard
124	10:04:00	Katja Rietdorf	Born to Bike - Bridgtown Cycles	London & Home Counties	50	0:44:16
125	10:05:00	Jamie-Lee Wright	Guernsey Velo Club		34	
126	10:06:00	Millie Couzens	PH-MAS Cycling		17	
127	10:07:00	Rachel Green	Cheltenham & County Cycling Club		59	
128	10:08:00	Gillian Morgan	Westerley Cycling Club	London & Home Counties	60	0:45:58
129	10:19:00	Lucy Mitchell	...a3crg	Wessex	43	0:43:21
130	10:10:00	Allison Kaye	Verulam CC	London & Home Counties	57	0:45:24
131	10:11:00	Kim Barfoot-Brace	Bath Cycling Club	West	40	0:42:59
132	10:12:00	Jayne Paine	Les Filles Racing Team	London & Home Counties	55	0:45:03
133	10:13:00	Emma Bexson	Stratford Cycling Club	Midlands	46	0:43:43
134	10:14:00	Teresa Robbins	Reading CC	London & Home Counties	49	0:44:07
135	10:15:00	Kirsty McSeveney	...a3crg	Wessex	40	0:42:59
136	10:16:00	Rebekah Nash	Will Houghton Racing Team (WHRT)		23	
137	10:17:00	Sonia Laurie	New Forest CC	Wessex	45	0:43:36
138	10:18:00	Joy Payne	High Wycombe CC	London & Home Counties	64	0:46:51
139	10:09:00	Celia Brown	Beacon Roads CC		44	
140	10:20:00	Sarah Matthews	...a3crg	Wessex	60	0:45:58
141	10:21:00	Lisa Davis	DRAG2ZERO	Surrey/Sussex	46	0:43:43
142	10:22:00	Marianne Holt	Fareham Wheelers CC		39	
143	10:23:00	Linda Dewhurst	Team Milton Keynes	London & Home Counties	62	0:46:24
144	10:24:00	Jennifer Allum	TORQ Performance		36	
145	10:25:00	Kimberley Pickett	Bicester Millennium CC		34	
146	10:26:00	Sally Turner	trainSharp	Surrey/Sussex	41	0:43:07
147	10:27:00	Melanie Sneddon	TORQ Performance	London & Home Counties	45	0:43:36
148	10:28:00	Helen Roby	Spirit Cycling Club	London & Home Counties	54	0:44:53
149	10:29:00	Angela Carpenter	...a3crg	Wessex	52	0:44:34
150	10:30:00	Jennifer George	The Independent Pedaler - Nopinz		38	

Tandems						
No.	Start Time	Name	Club	VTTA Group	Age	Standard
151	10:31:00	James Avison Isha Little	Newbury Velo	London & Home Counties	49/47	0:40:24
153	10:33:00	Norman Harvey Mary Corbett	Sotonia CC	Wessex	88/63	0:51:14
155	10:35:00	Edric Hobbs Caroline Hobbs	VTTA West Group	West	57/57	0:41:40
157	10:37:00	Murray Kirton David Stockley	A5 Rangers CC	Midlands	80/80	0:48:07
159	10:39:00	Ian Greenstreet Rachael Elliott	Newbury Velo	London & Home Counties	57/43	0:40:41

NEWBURY VELO

- Organised group rides with competent, qualified, 1st aid trained and DBS checked ride leaders. Road and off-road opportunities available.
- Organised coaching sessions by British Cycling qualified coaches from specialist beginner coaching, ladies' specific, youth and race/track sessions.
- Frequent velodrome trips for all levels from those that have never ridden velodrome to national track champions.
- Participate in team events in local sportives, time trials and online with Zwift.
- Opportunities to volunteer for national events, coaching and racing. Training offered where appropriate.
- Members only social events. Virtual cycling, BBQs, awards evening, and more...
- Off-bike workshops. Bike maintenance, nutrition presentations.
- Access to member exclusive benefits. Discounts at local businesses, Zwift virtual cycling club kit, discounted custom club kit from Kalas.
- Members' only Facebook and Strava groups where members can share achievements, goals, general banter & support from a wealth of experience from all walks of cycling.
- Help and advice on things to consider when commuting.
- Family-friendly club with rides and events for all the family.
- Activities just for the kids! Children of up to 7 can join as a 'Velomite' and children of 8-15 can take out junior membership. Activities for tiny tots on balance bikes all the way up racing activities for children with a competitive streak.
- Get commuting savvy! Hints and tips to make commuting by bike easy and accessible, from 'what to do if you get a puncture' through to 'choosing the best women's saddle for commuting'.

BUT MORE THAN THIS, IT'S A PLACE FOR EVERYONE WHO ENJOYS THEIR CYCLING

FOR MORE INFORMATION OR TO JOIN

email: info@newburyvelo.cc

or visit: www.newburyvelo.cc

www.facebook.com/newburyvelo